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|  AYCLIFFE FELL WALKING CLUB – WALK DETAILSOUTING No. 406: Saturday 11th May 2024Visit our website www.aycliffefellwalkingclub.com for all club news including information on this & other planned events during the year |
| WALK AREA | West Cumbria Coast: Whitehaven to Maryport |
| COACH FARES | MEMBERS & 1st TIME WALKERS £15  | GUESTS £25  | JUNIORS: £5 (10 -17 years) | Approx. journey time from Darlington | 2.30hour(s) |
| TO RESERVE A COACH SEAT | To reserve a coach seat simply contact Nina Bell by email: ninabell3@hotmail.com. Please note when booking, those having attended the previous club outings will be given priority!  |
| CANCELLATION POLICY | If you’ve had your booking confirmed and then after 9.00pm Friday (i.e. within 7 days of the trip) you fail to attend on the day, you’ll be required to pay the standard booking fee of £15. This payment MUST be made on your next outing with the club. Failure to make this payment will result in you being unable to attend further walks until the debt is cleared. |
| O.S.MAPS | **303, OL 4** |
| PICKUP DETAILS | 7.30 – Darlington (Dolphin Centre)7.40 - Aycliffe Village (A167)7.45 – Newton Aycliffe St Clare’s Ch.7.50 – Blue Garage | 7.53 -Middridge7.55 - Shildon Bus Station8.00 - Timothy Hackworth (Shildon | 8.05 - South Church8.10 Auckland Medical Group8.40 = Barnard Castle (Galgate) |
| SUGGESTED WALK ROUTESGentleMediumHardSunset | 1. **17.06 mls Mirehouse Roundabout A595** **M/H**– Kells, Tom Hurd Rock, Redness Point, Parton Bay, Providence Bay, Micklam, Harrington, Moss Bay, Workington, North Side, Siddick(PH), Flimby, MARYPORT.
2. **13.2 mls Tanyard Bay M** – Parton Bay and as Walk 1
3. **9.0 mls Salterbeck Cemetery/ Moss Bay G/M** – Workington and as Walk 1
4. **6.0 mls North Side Primary School G –** Siddick and as Walk 1

Anyone finishing early may like to visit the **Alavna Roman For**t just North of Maryport.or use the train to enjoy a scenic coastal journey along the coastline.  |
| NOTESDEPARTURE18.30 | 1. The coach will travel via A66, A595 to Mirehouse Roundabout. Then double back up A595, A597 and A596 to Maryport. It will return via A594 and A66.
2. If you wish to undertake a walk not shown here, your coach will set you down at any safe and convenient point en-route.
3. Coach park - CA15 SAD ?

 4. There are a number of pubs in Maryport but only one serving real ale: **The Lifeboat Inn**, Shipping Brow, Senhouse Street. 1 regular beer: Timothy Taylor Landlord; 2 changing beers [Cumbrian]. Four handpumps dispense local cask ales and both these and the good selection of meals are reasonably priced. **F&C**: Cross Quays Chip Shop, 13 King St (4.5) |
| IN EMERGENCY | In the event of an emergency during the walk, dial 999 and phone **Deltas Coaches (01642 782424)** and/or send a text to **Nina Bell (07811 076253) or Andy Jakob (07730 881216),** advising the grid reference of your location. If you have no signal, move to a different location and try again! |
| **Aycliffe Fell Walking Club (hereinafter the Club) shares the view of the British Mountaineering Council.****Those joining this outing or any other activity organised by the Club are reminded that “hill-walking, scrambling and mountaineering are activities with a danger of personal injury or death. Participants should be aware of and accept these risks & be responsible for their own actions and involvement”. The Club and it’s officers accept no responsibility or liability for accidents howsoever incurred.** |
| Reminder: The next walk - Saturday 8h June 2024, Bolton Abbey to Grassington. |