

## AYCLIFFE FELL WALKING CLUB

### NEXT OUTING: Saturday 25<sup>th</sup> March 2017 (Walk no. 337)

Visit our website [www.afwc.org.uk](http://www.afwc.org.uk) for all club news including Information on this & other planned events during the year.

<b>WALK AREA</b>	<b>Coast or Canal: Burton-in-Kendal to Lancaster</b>		
<b>COACH FARE</b>	MEMBERS: £10.00	NON-MEMBERS: £15.00	JUNIORS: £3 / £5
<b>TO RESERVE YOUR PLACE</b>	To reserve a coach seat, contact Alan Holmes on landline 01325 488225, mobile 07791 239008 or send an email to: <a href="mailto:alanholmes3@virginmedia.com">alanholmes3@virginmedia.com</a>		
<b>CANCELLATION POLICY</b>	<i>Demand for coach seats is always high! If you've had your place on the coach confirmed &amp; then cancel within 7 days of the outing i.e. after midnight Friday in the week before, or fail to show, you will be asked to contribute £10 towards Club funds in lieu of the coach fare; payable on your next trip out with the Club</i>		
<b>MAPS</b>	<b>LR97 Kendal &amp; Morecambe – or – OL7 English Lakes (S E area) &amp; OL41 Ribblesdale (West sht)</b>		
<b>PICKUP TIMES</b>	Darlington – Feethams Beaumont Hill Newton Aycliffe – Big Club Bishop Auckland – Cabin Gate Barnard Castle - Gilesgate	07.30 07:35 07.45 08:05 08.30	Please arrive at your chosen pickup point 5 minutes early, so that you don't keep the coach waiting. Thank you!  Pickup details assume a single coach will be used; when two coaches are required, these details will be subject to change!
<b>SUGGESTED ROUTES</b>  (researched by Alan Holmes)	<ol style="list-style-type: none"> <li><b>16.5 miles via Coast</b> (1,120' ascent), Tewitfield (PH), Yealand Conyers, Crag Foot (join the Lancashire Coastal Way), continue via River Keer FB, Red Bank Farm, Hest Bank, Scalestones Point, Morecambe Bay, Morcambe (PH) &amp; the Millennium Foot Bridge to Lancaster city centre.</li> <li><b>14.5 miles via Canal</b> (850'), Burton-in-Kendal (PH), M6 Motorway Services (northbound), Yealand Road Bridge (join the canal here), Tewitfield (PH), Capernwray, Carnforth (PH), Bolton-le-Sands (PH), Hest Bank (PH), Beaumont, Lune Aqueduct to Lancaster centre.</li> <li><b>12.0 miles via Canal</b> (800'), Tewitfield (PH - Longlands Hotel), then as walk 2.</li> <li><b>11.5 miles via Coast</b> (450'), Carnforth (PH), River Keer FB, then as walk 1.</li> <li><b>9.5 miles Coast then Canal</b> (500'), Carnforth (PH), River Keer FB, Red Bank Farm, Hest Bank (PH), then as walk 2 via canal to Lancaster centre..</li> <li><b>8.5 miles via Canal</b> (500'), Carnforth (PH), then as walk 2 to Lancaster centre.</li> </ol>		
<b>NOTES</b>	<ol style="list-style-type: none"> <li>Should you wish to undertake a different walk from those suggested above, the coach will set you down at any convenient point en-route along the A6070 &amp; A6</li> <li>Walks 1 &amp; 4, using the Lancashire Coastal Way, enter Lancaster along the line of an old disused railway, crossing the River Lune via the Millennium Bridge.</li> <li>All other walks enter via the canal, 150 yards east of the coach park. To access the coach leave the canal just after footbridge at SD 481 619, up into Shaw St. At the end of Shaw St. Turn left onto De Vitre Street. Continue for 100 yards and you'll see the coach across the main road, beyond the trees ahead.</li> <li>The coach will park at Upper St Leonardsgate (GR SD 480 619) and there are several pubs to choose from, nearest are: Golden Lion (South of coach park), Yorkshire House (West of coach park). The coach will depart at 6.30 pm prompt</li> </ol>		
<b>IN EMERGENCY</b>	In the event of an emergency during the walk phone and send a text to Alan Holmes on 07791 239008 – or contact Enterprise Travel on 01325 286924		

**Aycliffe Fell Walking Club (hereinafter the Club) shares the view of the British Mountaineering Council.**

Those joining this outing or any other activity organised by the Club are reminded that "hill walking, scrambling and mountaineering are activities with a danger of personal injury or death. Participants should be aware of and accept these risks & be responsible for their own actions and involvement!" The Club and its officers accept no responsibility or liability for accidents, howsoever incurred.