

## AYCLIFFE FELL WALKING CLUB

### NEXT OUTING: Saturday 17<sup>th</sup> June 2017 (Walk no. 340)

Visit our website [www.afwc.org.uk](http://www.afwc.org.uk) for all club news including Information on this & other planned events during the year.

<b>WALK AREA</b>	<b>Grisedale Horseshoe: Glenridding to Patterdale</b>		
<b>COACH FARE</b>	MEMBERS: £10.00	NON-MEMBERS: £15.00	JUNIORS: £3 / £5
<b>TO RESERVE YOUR PLACE</b>	To reserve a coach seat, contact Alan Holmes on landline 01325 488225, mobile 07791 239008 or send an email to: <a href="mailto:alanholmes3@virginmedia.com">alanholmes3@virginmedia.com</a>		
<b>CANCELLATION POLICY</b>	<i>Demand for coach seats is always high! If you've had your place on the coach confirmed &amp; then cancel within 7 days of the outing i.e. after midnight Friday in the week before, or fail to show, you will be asked to contribute £10 towards Club funds in lieu of the coach fare; payable on your next trip out with the Club</i>		
<b>MAPS</b>	<b>LR90 Penrith &amp; Keswick – or – OL5 English Lakes (N E area) - South Sheet</b>		
<b>PICKUP TIMES</b>	Darlington – Feethams White Horse, Beaumont Hill Newton Aycliffe – Big Club Bishop Auckland – Cabin Gate Barnard Castle - Gilesgate	07.30 07:35 07.45 08:05 08.30	Please arrive at your chosen pickup point 5 minutes early, so that you don't keep the coach waiting. Thank you!  Pickup details assume a single coach will be used; when two coaches are required, these details will be subject to change!
<b>SUGGESTED ROUTES</b>  (researched by Alan Holmes)	<ol style="list-style-type: none"> <li><b>13.0 miles</b> (4,900' ascent), Glenridding (PH), Glenridding Common, White Side, Helvellyn, Nethermost Pike, Dollywaggon Pike, Grisedale Tarn, Grisedale Hause, Fairfield, Deepdale Hause, St Sunday Crag, Birks, Thornhow End to Patterdale.</li> <li><b>12.0 miles</b> (3,550'), Glenridding (PH), Glenridding Common, White Side, then as walk 1 as far as Grisedale Tarn, returning along Grisedale to Patterdale.</li> <li><b>10.5 miles</b> (4,130'), Glenridding (PH), Lanty's Tarn, Hole-in-the-Wall, Striding Edge, Helvellyn, Nethermost Pike, Dollywaggon Pike, Grisedale Tarn, Deepdale Hause, St Sunday Crag, Birks, Thornhow End to Patterdale.</li> <li><b>10.5 miles</b> (3,450'), Glenridding (PH), Lanty's Tarn, Hole-in-the-Wall, then as walk 3 as far as Grisedale Tarn, returning along Grisedale to Patterdale.</li> <li><b>8.5 miles</b> (2,750'), Patterdale (PH), Thornhow End, Birks, St Sunday Crag, Deepdale Hause, descending via Deepdale to Deepdale Bridge &amp; crossing Goldrill Beck to Beckstones &amp; Crookabeck, Rooking, thence back to Patterdale.</li> <li><b>8.0 miles</b> (2,750'), Patterdale (PH), Thornhow End, Birks, St Sunday Crag, Deepdale Hause, to Grisedale Tarn returning along Grisedale to Patterdale.</li> <li><b>7.0 miles</b> (1,200' Low Level), Glencoyne Bridge, Glenridding, Rattlebeck Bridge, Grisedale (North &amp; South), Patterdale <i>[Note: routemap only supplied on demand!]</i></li> </ol>		
<b>NOTES</b>	<ol style="list-style-type: none"> <li>Should you wish to undertake a different walk from those suggested above, the coaches will set you down at any convenient point en-route along the A592.</li> <li>There are two pubs in Patterdale Village: the Patterdale Hotel (serving food until 5.00 pm) &amp; 150 yards away, the White Lion. Both are worth a visit!</li> <li>The coaches will park in Patterdale village, across the road from the Patterdale Hotel. They will leave for home promptly at 6.30 pm.</li> </ol>		
<b>IN EMERGENCY</b>	In the event of an emergency during the walk phone and send a text to Alan Holmes on 07791 239008 – or contact Enterprise Travel on 01325 286924		

**Aycliffe Fell Walking Club (hereinafter the Club) shares the view of the British Mountaineering Council.**

Those joining this outing or any other activity organised by the Club are reminded that "hill walking, scrambling and mountaineering are activities with a danger of personal injury or death. Participants should be aware of and accept these risks & be responsible for their own actions and involvement!" The Club and its officers accept no responsibility or liability for accidents, howsoever incurred.