



AYCLIFFE FELL WALKING CLUB

NEXT OUTING (Walk no. 308)

Visit our website www.afwc.org.uk for all club news including information on this and other planned walks during the year.



Supporting the AFWC

AREA	Elterwater to Grasmere (Lake District)		
DATE	Saturday 11th October 2014		
COACH FARE	MEMBERS (FULL FARE): £10.00 (PART FARE): £5.00	NON-MEMBERS: £15.00	JUNIORS £3 / £5
TO RESERVE YOUR PLACE	To reserve a coach seat leave a message with Alan Holmes on 01325 488225 or send an email to: ahpatsol@btinternet.com (Please note that if you have had your seat on the coach confirmed and then fail to show on the day, you will be expected to make a contribution towards Club funds in lieu of the standard coach fare.)		
MAPS	LR 90 – Penrith & Keswick - or - OL4, 5, 6 & 7 - English Lakes (all areas)		
PICK-UP TIMES	<div style="display: flex; justify-content: space-between;"> <div>Darlington - Tubwell Row</div> <div>07.30</div> </div> <div style="display: flex; justify-content: space-between;"> <div>Newton Aycliffe - Big Club</div> <div>07:45</div> </div> <div style="display: flex; justify-content: space-between;"> <div>Bishop Auckland - Cabin Gate</div> <div>08:00</div> </div> <div style="display: flex; justify-content: space-between;"> <div>Barnard Castle - Galgate</div> <div>08:25</div> </div>		
SUGGESTED ROUTES	<ol style="list-style-type: none"> 1. 13.0 miles (3,400') Skelwith Bridge, Elterwater, Dow Bank, Lang How, Castle How, Blea Rigg, Sergeant man, High Raise, Greenup Edge, Calf Crag, Helm Crag, Grasmere 2. 11.0 miles (3,300') Elterwater, Dow Bank, Lang How, then as walk 1. 3. 10.0 miles (3,000') Elterwater, Dow Bank and as walk 1 to Greenup Edge, thereafter descending via Easedale Gill to Grasmere.. 4. 9.0 miles (2,500') Dunmail Raise, Steel Fell, Greenup Edge, High Raise, Sergeant Man, Blea Rigg, Castle How, Silver How, Kelbarrow to Grasmere. 5. 9.0 miles (2,300') "Three Tarns" walk – Elterwater, New Dungeon Ghyll, Stickle Tarn, Blea Rigg, Codale Tarn, Easedale Tarn, Sour Milk Gill, Easedale to Grasmere. 6. 7.0 miles (1,300') Low Level Skelwith Bridge, Elterwater, High Close, Loughrigg Terrace, Rydal, White Moss Common, Town End to Grasmere. 7. Note that walks 4 & 6 can be combined for a longer 14.5 mile (3,500') day. 		
WALK CHAMPION	Suggested routes were proposed by: Alan Holmes		
NOTES	<ol style="list-style-type: none"> 1. Should you wish to undertake a walk not represented here, the coach will set down at any safe and convenient point en-route. 2. The coach will park in the main coach park on the south side of Grasmere. There are several hostelryes in Grasmere. Tweedies Bar (Dale Lodge Hotel) is considered to be one of the better ones when it comes to choice of real ales. 3. The coach will leave the coach park promptly at 6.30 pm. Coaches are not allowed to drive through the village but must approach & depart from the south. 4. Note: There'll be a brief 'comfort stop' during the return journey, in Penrith. 		
EMERGENCY	In case of emergency during the walk phone or send a text to Alan Holmes on 07791 239008 – and/or contact Ineos Security on 01325 303555		



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