

AYCLIFFE FELL WALKING CLUB NEXT OUTING (Walk no. 314)



Visit our website www.afwc.org.uk for all club news including information on this and other planned events during the year.

AREA	Lower Eden Valley: Lazonby to Wetheral
DATE	Saturday 18 th April 2015
COACH FARE	MEMBERS: £10.00 NON-MEMBERS: £15.00 JUNIORS £3 / £5
TO RESERVE YOUR PLACE	To reserve a coach seat leave a message with Alan Holmes on 01325 488225 or send an email to: ahpatsol@btinternet.com Please note: If you have had your seat on the coach confirmed and then fail to show, you will be asked for a £10 contribution towards Club funds in lieu of the standard fare.
MAPS	LR 86 - Haltwhistle & Brampton - or - OL5 N - English Lakes (N. East) & Ex 315
PICK-UP TIMES	Darlington - Feethams 07:30 Newton Aycliffe - Big Club 07:45 Bishop Auckland - Cabin Gate 08.00 Barnard Castle - Galgate 08.30
SUGGESTED ROUTES	 16.0 miles (2,200' ascent) Lazonby, Eden Bridge, Kirkoswald (PH), Staffield Hall estate grounds, Staffield, Ruckcroft, Longdales, Coombs Wood, Armathwaite (PH), Lockhills, Low House rd, Edenbrows Wood, Brackenbank, Cote House, Wetheral Woods to Wetheral. (Note: Walk 1 can be extended to 21 miles by alighting from the coach near Langwathby & taking in Little Salkeld, Lacy's Caves en route to Eden Bridge) 14.0 miles (2,100') Kirkoswald, Staffield Hall then as walk 1. 12.5 miles (1,900') Staffield, Ruckcroft then as walk 1. 10.5 miles (1,600') Longdales, Coombs Wood then as walk 1. 8.5 miles (1,400') Armathwaite, Lockhills then as walk 1.
WALK CHAMPION	Suggested routes were proposed by: Alan Holmes
NOTES	 The Eden Valley north of Penrith is a little more rural than in the Kirby Stephen area; nevertheless it provides very pleasant walking country, which is seldom visited by tourists. The only drawback to this area is that there are few crossing points for those wishing to explore both sides of the River Eden. Today's walks explore the east side first; then cross to the west side later. The coach will park in or near The Wheatsheaf car park in the southwest of Wetheral (grid ref. NY464542; tel 01228 560686). A range of meals and snacks are available for those having pre-ordered. Meals will be served promptly and diners should aim to arrive at the pub no later than 5.30 pm. The coach will leave for home promptly at 6.30pm, returning directly via the M6 motorway back to the A66.
IN EMERGENCY	In case of emergency during the walk phone or send a text to Alan Holmes on 07791 239008 — and/or contact Enterprise Travel on 01325 286924



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