

## AYCLIFFE FELL WALKING CLUB – WALK DETAILS

### OUTING No. 350: Saturday 12<sup>th</sup> May 2018

Visit our website [www.afwc.org.uk](http://www.afwc.org.uk) for all club news including Information on this & other planned events during the year.

WALK AREA	Pennines: Teesdale to High Cup Nick & Appleby				
COACH FARES	MEMBERS £10	NEW MEMBERS £15 (inc Memb Fee)	JUNIORS: £5 (10 to 17 years)	Approx. journey time from Aycliffe	2.0 hour(s)
TO RESERVE A COACH SEAT	To reserve a coach seat simply contact Alan Holmes on 01325 488225 or 07791 239008; better still, send a text or forward an email to: alanholmes3@virginmedia.com. Please note that, when booking, those having attended previous club outings will be given priority!				
CANCELLATION POLICY	If you've had your place on the coach confirmed and then cancel after 9.00 pm Tuesday week, i.e. within ten days of the trip, or fail to show on the day, you'll be asked to contribute £10 towards Club funds in lieu of the standard coach fare; payment is to be made on your next outing with the Club!				
O.S. MAPS	LR91 Appleby-in-Westmorland OL19 Upper Eden Valley				
PICKUP DETAILS	1 <sup>st</sup> Coach Darlington – White Horse Newton Aycliffe – Big Club Bishop Auckland – Cabin Gate Staindrop – Wheatsheaf Brough		07.35 07.45 08:05 08.30 09.05	2 <sup>nd</sup> Coach Darlington – Feethams Staindrop - Wheatsheaf Langden Beck 08:00 08.30 09.05	
SUGGESTED WALK ROUTES	<div>1. <b>19.0 miles</b> (2,700' ascent) Langdon Beck (PH), Cow Green, Cauldron Snout, Birkdale, Maize Beck Footbridge, High Cup Nick, Peeping Hill, Dufton (PH), Greenhow, Flakebridge Wood, Hungriggs, Appleby.</div> <div>2. <b>18.0 miles</b> (2, 700') Langdale Beck Youth Hostel, Sayer Hill, Holmwath, Cauldron Snout, then as walk 1.</div> <div>3. <b>16.0 miles</b> (2,700') <b>Circular from Appleby:</b> Stank Lane, Shepherds Cottage, Murton, Murton Crag, Murton Fell, High Cup Nick, then as walk 1.</div> <div>4. <b>10.5 miles</b> (900') Brough (PH), Church Brough, Great Musgrave, Musgrave Bridge, Little Musgrave, Ploughlands, Warcop Old Bridge, Sandford Bridge, Great Ormside, Appleby.</div> <div>5. <b>7.5 miles</b> (700') Warcop Range RV3 entrance on A66, Warcop, Warcop Old Bridge, then as walk 4.</div>				
NOTES	<div>1. <b>To facilitate the longer walks from Langdon Beck area it is necessary for passengers to transfer between coaches during the outward journey - at Staindrop. Those doing walks 1 &amp; 2 must transfer to the smaller coach whilst those doing walks 3,4 &amp; 5 must transfer to the larger coach.</b></div> <div>2. End of walk hostelry: There are several pubs in the Market Square across the bridge in Appleby. There's the Crown &amp; Cushion, the Hare &amp; Hounds is opposite &amp; probably the best, the Golden Ball, down a side street beside the Post Office. There's also the Midland Hotel bar, right next to the train station!</div> <div>3. The coaches will park at the train station (NY 686207) until 6.15pm. They will then move into town &amp; pick up in The Sands, opposite the bridge, at 6.30pm. Please be ready waiting!</div> <div>4. Whilst on the coach please refrain from using the onboard toilet facility. <b>There'll be a comfort stop during the return journey, at Barnard Castle.</b></div>				
IN EMERGENCY	In the event of an emergency during the walk: phone and/or send a text to Alan Holmes on 07791 239008, advising the grid reference of your location. If you have no signal, move to a different location and try again!				

**Aycliffe Fell Walking Club (hereinafter the Club) shares the view of the British Mountaineering Council.**

Those joining this outing or any other activity organised by the Club are reminded that "hill walking, scrambling and mountaineering are activities with a danger of personal injury or death. Participants should be aware of and accept these risks & be responsible for their own actions and involvement!" The Club and its officers accept no responsibility or liability for accidents, howsoever incurred.