

AYCLIFFE FELL WALKING CLUB – WALK DETAILS

OUTING No. 360: Saturday 9th March 2019

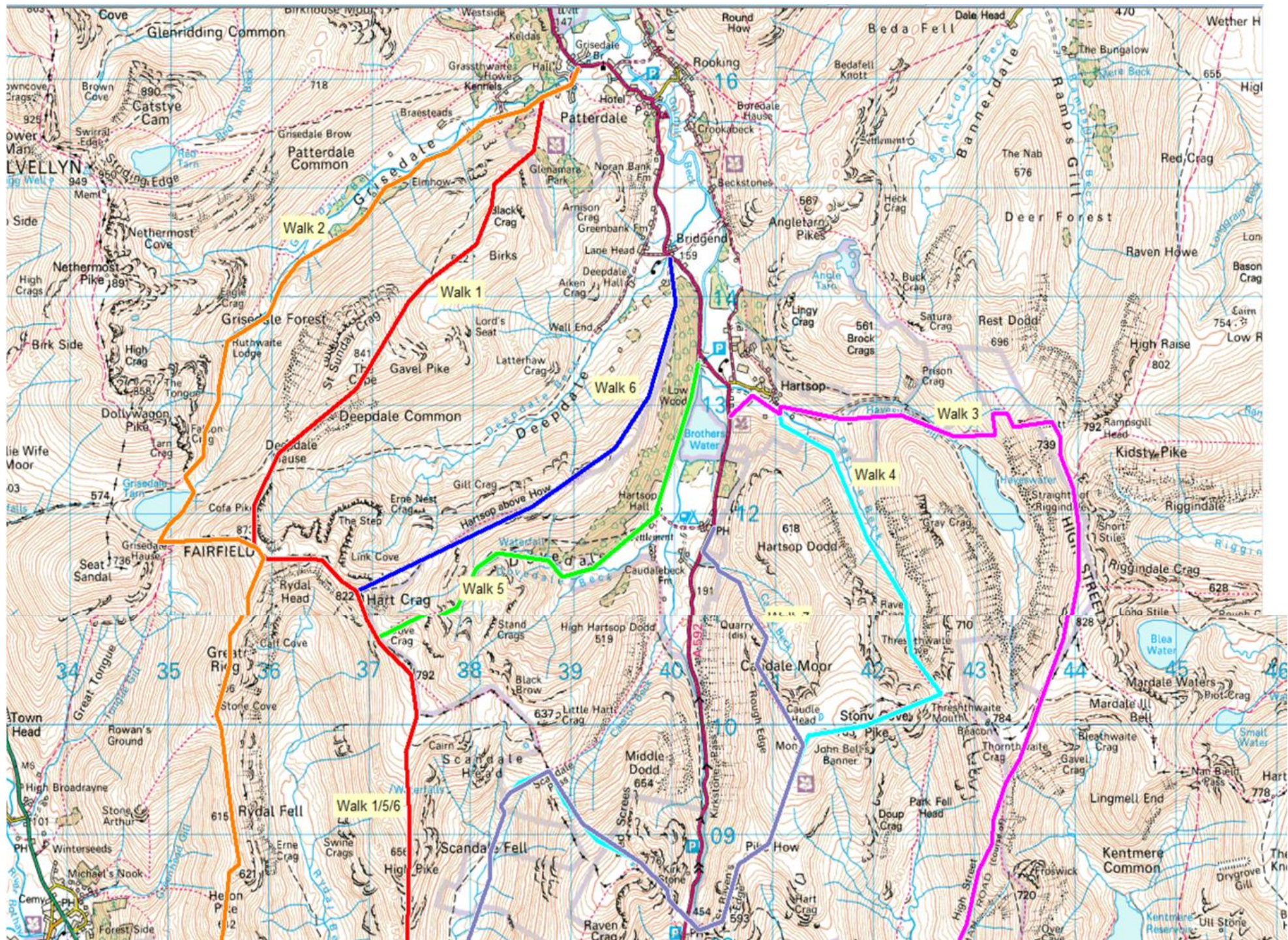
Visit our website www.afwc.org.uk for all club news including information on this & other planned events during the year

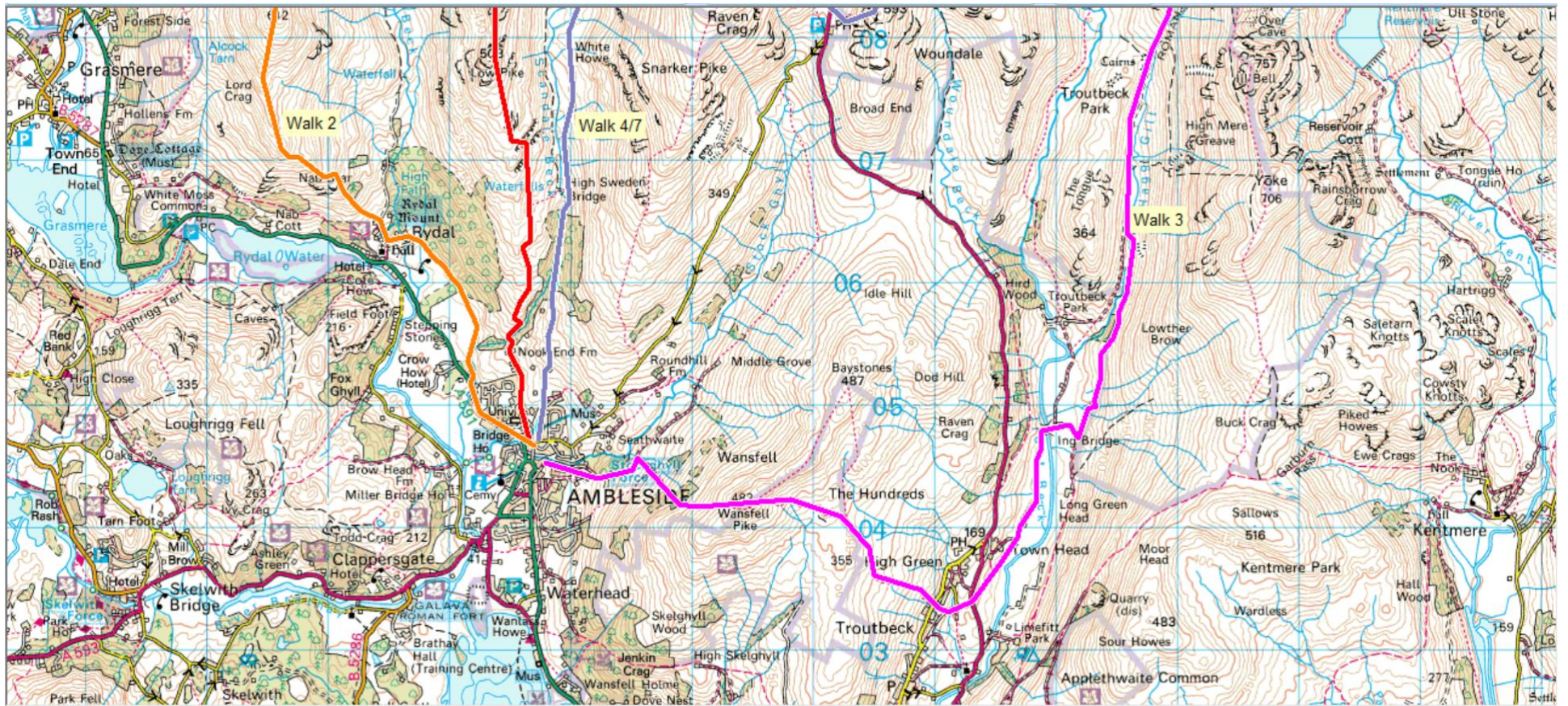
WALK AREA	Patterdale to Ambleside				
COACH FARES	MEMBERS £10	NEW MEMBERS £15 (inc Memb Fee)	JUNIORS: £5 (10 -17 years)	Approx. journey time from Darlington	2 hour(s)
TO RESERVE A COACH SEAT	To reserve a coach seat simply contact Sheila Pinkney by email: sheilapinkney@yahoo.co.uk or 07853 795243(Sheila’s new number). Please note that when booking, those having attended the previous club outings will be given priority!				
CANCELLATION POLICY	<i>If you’ve had your place on the coach confirmed and then cancel after 9.00pm Tuesday week i.e. within 10 days of the trip, or fail to show on the day, you’ll be asked to contribute £10 towards Club funds in lieu of the standard coach fare; payment is to be made on your next outing with the Club!</i>				
O.S.MAPS	Explorer OL5(N.E.Lakes) and OL7 (S.E.Lakes)				
PICKUP DETAILS	Darlington – Feethams Newton Aycliffe – Big Club Bishop Auckland – Cabin Gate		07.30 07.45 08.05	Barnard Castle 8.30	
SUGGESTED WALK ROUTES	<div>1. Patterdale (8.75miles/ 3199ft ascent) (Grisedale Beck/ King George Playing Field), Waterfall Wood, Thornhow End, Birks, St Sunday Crag (841), Deepdale Hause, Cofa Pike, Fairfield(873), Hart Crag(822), Dove Crag(792), High Pike(656), Low Pike, High Sweden Bridge, Low Sweden Bridge and into Ambleside.</div> <div>2. Patterdale - Grisedale Beck (9.97miles/ 2350ft ascent), Elnhow, Thornhow, Ruthwaite Lodge, Grisedale Hause, Fairfield, Great Rigg, Erne Crag, Rydal Hall, Rydal Park, Rydal Road (A591)</div> <div>3. Hartsop (11.5miles/3146ft ascent), Hayeswater Gill, The Knott, High Street, Troutbeck Park, Ing Bridge, Town Head, Troutbeck, Wansfell Pike, Ambleside.</div> <div>4. Hartsop (9.25miles/ 2947ft ascent), Pasture Bottom, Threshthwaite Cove, Threshthwaite Mouth, Stony Cove Pike (763), John Bell’s Banner, Pike How, St.Raven’s Edge, Kirkstone Pass Inn(PH), Red Screes(760), Scandale Pass, Scandale Bottom, Ford, White How, Rough Sides, Kennels, Ambleside.</div> <div>5. Cow Bridge (7.09miles/ 2029ft ascent), Hartsop Hall, Dovedale Stangs, Priest’s Hole(cave), Dove Crag (792) then as Walk 1 to Ambleside.</div> <div>6. Deepdale Bridge (7.42miles/ 2430ft ascent), Bleaberry Knott, Hartsop above How, Hart Crag (822), then as Walk 1 to Ambleside</div> <div>7. Brotherswater Inn (7.47miles/ 2768ft ascent), Caudale Bridge, Caudale Quarry, Rough Edge, John Bell’s Banner, Stony Cove Pike (763), John Bell’s Banner and as Walk 4 to Ambleside.</div>				
NOTES	<div>1. The coach will travel via A66/ A5091/A592.</div> <div>2. If you wish to undertake a walk not shown here, your coach will set you down at any safe and convenient point en-route.</div> <div>3. There are plenty of pubs in town- Ambleside Tavern, White Lion & Golden Rule come recommended by Paul Wilby.</div> <div>4. Homeward departure will be prompt at 6.30pm. Please refrain from using the onboard toilet facility.</div>				
IN EMERGENCY	In the event of an emergency during the walk, dial 999 and phone Enterprise Coaches (07917 880212/ 07532 802596) and/or send a text to Andy Jakob (07730 881216), advising the grid reference of your location. If you have no signal, move to a different location and try again!				

Aycliffe Fell Walking Club (hereinafter the Club) shares the view of the British Mountaineering Council.

Those joining this outing or any other activity organised by the Club are reminded that "hill-walking, scrambling and mountaineering are activities with a danger of personal injury or death. Participants should be aware of and accept these risks & be responsible for their own actions and involvement". The Club and it's officers accept no responsibility or liability for accidents howsoever incurred.

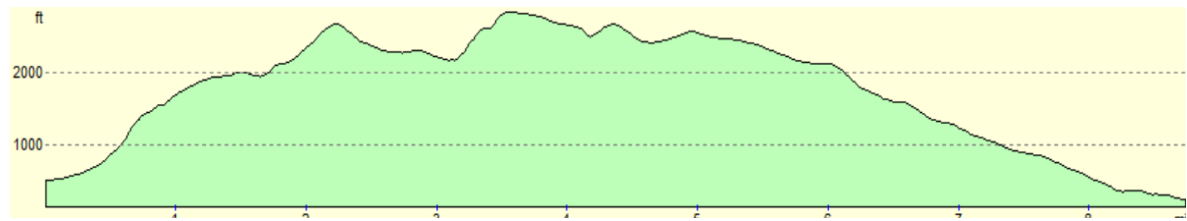
Reminder: The next walk is on Saturday 13th April – Bingley/ Saltaire to Ilkley.



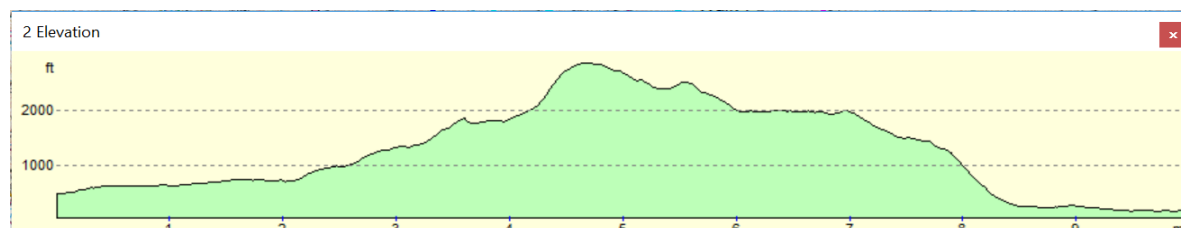


AFWC Patterdale to Ambleside – March 9th 2019

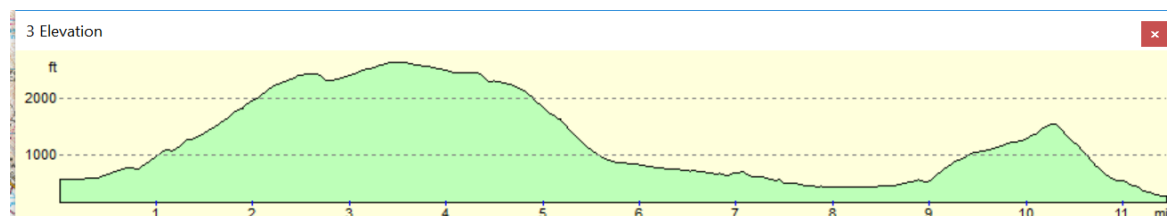
1. **Patterdale (Grisedale Beck/ King George Playing Field)(Distance 8.75 miles/3199ft ascent)**, Waterfall Wood, Thornhow End, Birks, St Sunday Crag (841), Deepdale Hause, Cofa Pike, Fairfield(873), Hart Crag(822), Dove Crag(792), High Pike(656), Low Pike, High Sweden Bridge, Low Sweden Bridge and into Ambleside.



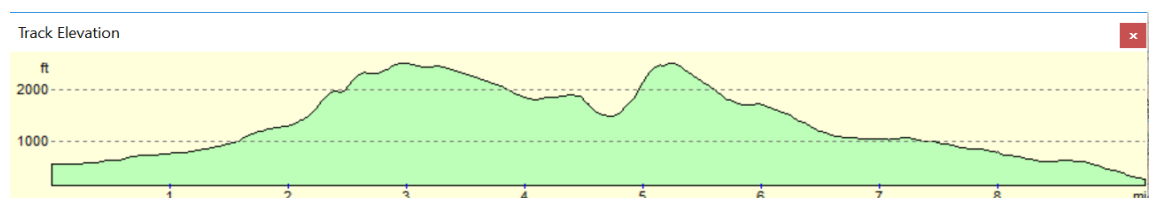
2. **Patterdale - Grisedale Beck (9.97miles/ 2350ft ascent)**, Elnhow, Thornhow, Ruthwaite Lodge, Grisedale Hause, Fairfield, Great Rigg, Erne Crag, Rydal Hall, Rydal Park, Rydal Road (A591)



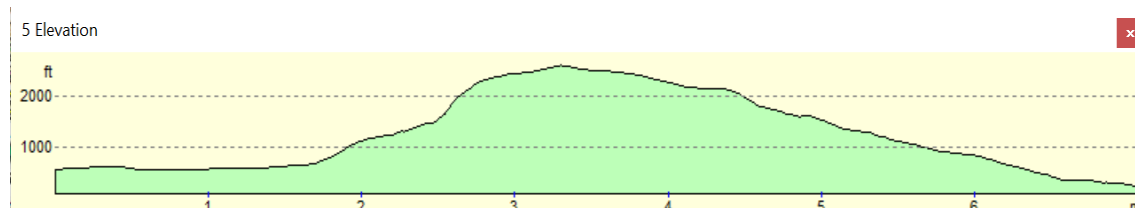
3. **Hartsop (11.5miles/3146ft ascent)**, Hayeswater Gill, The Knott, High Street, Troutbeck Park, Ing Bridge, Town Head, Troutbeck, Wansfell Pike, Ambleside.



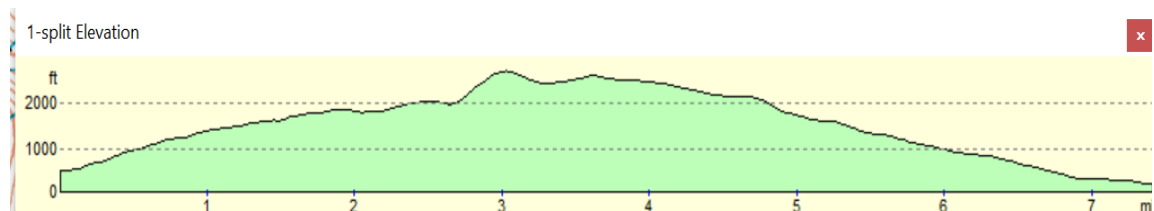
4. **Hartsop (9.25miles/ 2947ft ascent)**, Pasture Bottom, Threshthwaite Cove, Threshthwaite Mouth, Stony Cove Pike (763), John Bell's Banner, Pike How, St. Raven's Edge, Kirkstone Pass Inn(PH), Red Screes(760), Scandale Pass, Scandale Bottom, Ford, White How, Rough Sides, Kennels, Ambleside.



5. **Cow Bridge (7.09miles/ 2029ft ascent)**, Hartsop Hall, Dovedale Stangs, Priest's Hole(cave), Dove Crag (792) then as Walk 1 to Ambleside.



6. **Deepdale Bridge (7.42miles/ 2430ft ascent)**, Bleaberry Knott, Hartsop above How, Hart Crag (822), then as Walk 1 to Ambleside



7. **Brotherswater Inn (7.47miles/ 2768ft ascent)**, Caudale Bridge, Caudale Quarry, Rough Edge, John Bell's Banner, Stony Cove Pike (763), John Bell's Banner and as Walk 4 to Ambleside.

