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| AYCLIFFE FELL WALKING CLUB – WALK DETAILS  OUTING No. 391 Saturday 11th February 2023  Visit our website www.aycliffefellwalkingclub.com for all club news including information on this & other planned events during the year | | | | | | |
| WALK AREA | Workington River Walk or Keswick to Cockermouth | | | | | |
| COACH FARES | MEMBERS £15 | NEW MEMBERS £25 (inc Memb Fee) | JUNIORS: £5 (10 -17 years) | | Approx. journey time from Darlington | 2.00  hour(s) |
| TO RESERVE A COACH SEAT | To reserve a coach seat simply contact Nina Bell by email: [ninabell3@hotmail.com](mailto:ninabell3@hotmail.com). Please note when booking, those having attended the previous club outings will be given priority! | | | | | |
| CANCELLATION POLICY | If you’ve had your booking confirmed and then after 9.00pm Friday (i.e. within 7 days of the trip) or you fail to attend on the day, you’ll be required to pay the standard booking fee of £15. This payment can be made on your next outing with the club. Failure to make this payment will/may result in you being unable to attend further walks until the debt is cleared. | | | | | |
| O.S.MAPS | **OS 303, OL4** | | | | | |
| PICKUP DETAILS | 07.30 Darlington-Feethams  07.45 Newton Aycliffe – St Clare’s  07.50 Shildon | | | 08.05 Bishop Auckland – Cabin Gate  08.30 Barnard Castle | | |
| SUGGESTED WALK ROUTES  Gentle  Medium  Hard  Sunset  17.04 | 1. **9.92mls Workington Hall** – A596 Bridge, Barepot, Low Seaton, Sewage Works, Camerton Hall, Ribton Hall, Great Broughton(PH), Stoddart Hole, Roman Well, Wordsworth House, Cockermouth. 2. **14.10mls A66 nr Keswick Hospital** – Ormathwaite, Applethwaite,then either**(a)** Dodd Wood, Sand Hill, Scarness,or **(b)** Millbeck, White Stones, Carl Side(746), Ullock Pike, Ling How, Barkbeth, Bassenthwaite(PH), then **Armathwaite Hall Hotel**, Buckham Island, Long Close Farm, Iselgate (Bridge), Watch Hill, Cockermouth. 3. **10.93mls A66 Layby south of Powterhow Wood** – Powterhow, Beckstone Gill, Barf, Lord’s Seat, Broom Fell, Widow Hause, Graystones, Harrot, High Armaside, Casshow Wood, Stanger How, Stanger, Southwaite Bridge, Simonscales Mill, FB nr Double Mills, Cockermouth. 4. **8mls Cockermouth Circular (Wordsworth House)** – Derwent Mills, Woodhall Park, Woodhall Farm, Milly Scroggs, Redmain, Grange Farm, Gill Wood, Isel, Isel Bridge, Hill’s Wood, Watch Hill, School, Cockermouth. 5. **10.65mls Cockermouth Circular(Wordsworth House**) – as Walk 4 to Redmain, Blindcrake, Clint Crags, Sunderland, Linkskeldfield, Iselgate and as Walk 4 to Cockermouth | | | | | |
| NOTES  DEPARTURE  18.30 | 1. The Coach will travel along A66 to Keswick then Powterhow Wood, Cockermouth and Workington. 2. If you wish to undertake a walk not shown here, your coach will set you down at any safe and convenient point en-route. 3. Coach park: Memorial Gardens, Wakefield Road CA13 0HZ. 4. There are 13+ pubs in Cockermouth. Nearest to coach park – across the river – **Cock & Bull**, 7 South Street: 3 regular ales (Coniston Bluebird Bitter, Great Corby Blonde, Great Corby Fox Brown Ale ); 2 changing beers from Allendale, Ennerdale & Windermere. No meals but some interesting bar snacks**. Bush**, Main Street: 3 regular ales (Jennings Cumberland Ale, Marston's 61 Deep, Wychwood Hobgoblin Gold);2 changing beers. Meals: No times. **Fletcher Christian Inn**, 55 Main Street. 2 changing beers (no listed); meals (no times**) F&C**: Main Street Fisheries 48 Main Street (rated 4.2) | | | | | |
| IN EMERGENCY | In the event of an emergency during the walk, dial 999 and phone **Lee’s Coaches (0191 378 0653)** and/or send a text to **Nina Bell (07811 076253) or Andy Jakob (07730 881216),** advising the grid reference of your location. If you have no signal, move to a different location and try again! | | | | | |
| **Aycliffe Fell Walking Club (hereinafter the Club) shares the view of the British Mountaineering Council.**  **Those joining this outing or any other activity organised by the Club are reminded that “hill-walking, scrambling and mountaineering are activities with a danger of personal injury or death. Participants should be aware of and accept these risks & be responsible for their own actions and involvement”. The Club and it’s officers accept no responsibility or liability for accidents howsoever incurred.** | | | | | | |
| Reminder: The next walk - Saturday March 11th 2023 Arncliffe & Malham to Grassington | | | | | | |