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| AYCLIFFE FELL WALKING CLUB – WALK DETAILS  OUTING No. 415: Saturday 8th February 2025  Visit our website www.aycliffefellwalkingclub.com for all club news including information on this & other planned events during the year | | | | | | | |
| WALK AREA | Lowther Valley: Shap to Pooley Bridge (East Lakes) | | | | | | |
| COACH FARES | MEMBERS & 1st TIME WALKERS £15 | GUESTS  £25 | | JUNIORS: £7.50 (10 -17 years) | Approx. journey time from Darlington | | 2.00  hour(s) |
| TO RESERVE A COACH SEAT | To reserve a coach seat simply contact Nina Bell by email: [ninabell3@hotmail.com](mailto:ninabell3@hotmail.com). Please note when booking, those having attended the previous club outings will be given priority! | | | | | | |
| CANCELLATION POLICY | If you’ve had your booking confirmed and then after 9.00pm Friday (i.e. within 7 days of the trip) you fail to attend on the day, you’ll be required to pay the standard booking fee of £15. This payment MUST be made on your next outing with the club. Failure to make this payment will result in you being unable to attend further walks until the debt is cleared. | | | | | | |
| O.S.MAPS | **LR 90, OL 5** | | | | | | |
| PICKUP DETAILS | 7.30 – Darlington (Dolphin Centre)  7.40 - Aycliffe Village (A167)  7.45 – Newton Aycliffe St Clare’s Ch.  7.50 – Blue Garage | | 7.53 -Middridge  7.55 - Shildon Bus Station  8.00 - Timothy Hackworth (Shildon | | | 8.05 - South Church  8.10 Auckland Medical Group  8.40 = Barnard Castle (Galgate) | |
| SUGGESTED WALK ROUTES  Gentle  Medium  Hard  Sunset  17.04 | 1. **H 14.5 miles** (2,400’ ascent) **Shap -** Goggleby Stone, Shap Abbey, Goodcroft, Burnbanks, Haweswater, Bampton Common, Wether Hill, Loadpot Hill, Barton Fell, Askham Fell, Pooley Bridge. 2. **M/H 13.0 miles** (1,450’ ascent) **Shap -** Goggleby Stone, Shap Abbey, Rosgill, Bampton Grange, Bampton, High Knipe, Whale, Lowther Castle, Askham, Askham Fell, Pooley Bridge. 3. **M 8.5 miles** (1,150’ ascent) **Hackthorpe** (PH) - Whalemoor, Whale, Lowther Castle, Askham, Askham Fell, Pooley Bridge. 4. **G/M 7.5 miles** (950’ ascent**) Hackthorpe**(PH) - Whalemoor, Whale, Helton, Askham Fell, Pooley Bridge. 5. **M 9.0 miles** (1,300’ ascent) **Brougham** (Lowther Bridge) - Lowther Valley (Earl Henry’s Drive), Lowther Castle, Whale, Helton, Askham Fell, Pooley Bridge. 6. **G 7.0miles** (lower route) **Brougham** - and as Walk 5 to Lowther Castle and then as Walk 2/3 to Pooley Bridge 7. **M 4.5 miles A592 (near Alpaca Centre) -** Alpaca Centre, Stainton(PH), Park House, Dacre(PH), Dacre Lodge, Souland Gate, Settlement, Pooley Bridge. | | | | | | |
| NOTES  DEPARTURE  18.30 | 1. The coach will travel via A66, M6, A6, B5320 to PB and back via A592, A66 2. If you wish to undertake a walk not shown here, your coach will set you down at any safe and convenient point en-route. 3. Coach park – somewhere near the town as with last year. 4. Sun Inn - Pooley Bridge: 1 regular beer: Jennings Cumberland Ale; 3 changing beers. Meals:11.30am – 8pm. Crown Inn - Pooley Bridge: 2 regular beers: Thwaites [seasonal], Thwaites [varies]; 3 changing beers: typically: Thwaites Amber, Thwaites IPA, Thwaites Mild. Changing beers - rare beer styles: Mild. Meals:11am – 9pm. Pooley Bridge Inn - Pooley Bridge: 1 regular beer: Robinsons [varies]; Changing beers: none listed. Meals: noon – 8.30pm. No F&C. | | | | | | |
| IN EMERGENCY | In the event of an emergency during the walk**, dial 999 (OR 112)** and phone **Deltas Coaches (01642 782424)** and/or send a text to **Nina Bell (07811 076253) or Andy Jakob (07730 881216),** advising the grid reference of your location. If you have no signal, move to a different location and try again! | | | | | | |
| **Aycliffe Fell Walking Club (hereinafter the Club) shares the view of the British Mountaineering Council.**  **Those joining this outing or any other activity organised by the Club are reminded that “hill-walking, scrambling and mountaineering are activities with a danger of personal injury or death. Participants should be aware of and accept these risks & be responsible for their own actions and involvement”. The Club and it’s officers accept no responsibility or liability for accidents howsoever incurred.** | | | | | | | |
| Reminder: The next walk - Saturday 8th March 2025, Alnmouth to Seahouses & Bamburgh. | | | | | | | |